

# Detoxification Schedule

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Grapefruit Honey Jiaogulan	Antioxidant Antioxidant ✓ Antioxidant	Antiparasitic ✓	✓	✓ >Nitric Oxide	✓	✓
Quercetin Turmeric Black Cumin oil	Antioxidant Antioxidant ✓ Antioxidant	Antiparasitic ✓	Immune booster ✓	✓	✓	✓
Garlic Cayenne NAC + Bromelain	✓	Antiparasitic ✓	Immune booster Immune booster ✓ Immune booster	✓ Reverses PRIONS	✓	✓
Vitamin D3 Niacin (smidgen) Zinc Gluconate (drop)	✓	✓	Immune booster Immune booster ✓ Immune booster	✓	✓	✓
Eleuthero SUMA Liquorice	✓	✓	✓	Energy booster Energy booster ✓	✓ Clears clots	✓
Mucuna Pruriens Dried dates – 3 Selenium	✓ (2 Brazil nuts)	✓	✓ Immune booster	✓	✓	Nullifies venoms Nullifies venoms ✓
Andrographis paniculata	✓	✓	✓	✓	✓	Nullifies venoms ✓
Artemisia Absinthium		Antiparasitic				Nullifies venoms
Baking Soda & alkaline diet	(Baking Soda ✓ 2 hrs from meals)	✓	✓	✓	✓	Clears fibrin ✓
EDTA,CDS & Echinacea	<b>X</b>	<b>X</b>	WEEKLY Chelates metals	<b>X</b>	Clears clots <b>X</b>	Nullifies venoms <b>X</b>