

Shift+Ctrl+N to navigate to pages shown below (in PDF file)

2 Alfalfa

0.75% H₂O₂

3% H₂O₂

30% Zinc Chloride

3 Ashwaghandha

Bentonite Clay

4 Black Walnut

5 Boneset

6 Burdock Root

7 Cat's Claw (2)

8 Catuaba

9 Cayenne Pepper

11 Chamomile

12 Chaparral

13 Chlorella

14 Cilantro Leaf

15 Cinnamon

16 Clove

Colloidal copper

17 Colloidal silver

18 Damiana+Muir Puama (85/15%)

20 Dandelion Leaf

External Tumor Remover

21 Garlic

22 Gingko

23 Goldenrod

24 Goldenseal Root

26 Hawthorn Berry (2)

28 Hawthorn Leaf & flower

30 Hops

31 Horny Goat Weed

32 Jiaogulan

Alfalfa Herb Uses, Benefits, Cures, Side Effects, Nutrients

Repertory

General Name	Alfalfa
Glycemic Index / Load	Alfalfa, Chilean Clover
Botanical Name	Medicago Sativa
Hindi Name	Vilaiti Gawuth, Jungli Lucerne
Homeopathic Name	Alfalfa - Mother Tincture

Alfalfa Cures

Most Effective	Anorexia Water Retention	Arthritis	Laryngitis
Highly Effective	Anemia Brittle Nails Enteritis High Blood P... Lung Diseases Poor Blood C...	Baldness Bronchitis Gout High Cholest... Menopause Restlessness	Breast Milk ... Early Satiety Heavy Metal ... Insomnia Osteoporosis Sore Throat
Effective	Acid Reflux	Aging	Alcoholism

Action of Alfalfa

Most Effective	Immunity Booster		
Highly Effective	Alkaline	Depurative	Diuretic
Effective	Alterant	Alterative	Analgesic

Nutrients in Alfalfa

Most Effective	Calcium		
Effective	Alkaloids	Alpha Carotene	Amino Acids

Alfalfa Combines With	Carrot	Galega Officinalis	Lettuce
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Taste of Alfalfa	Salty, Bitter
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Parts Used	Roots, Leaves, Seeds, Sprouts, Flowers
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Side Effects, Risk Factors of, and Cautions for Alfalfa

Alfalfa contains Canavanine, a chemical constituent. Canavanine may produce the following Side Effects.

Excessive use of Alfalfa may lead to :

Blood Abnormality

Lupus Disorder (Hyperactivity of Immunity System)

In some cases, it may decrease the level of potassium in the blood that may lead to Stomach Pain and Diarrhea.

Who should not take :

Pregnant Lady,

Nursing Women,

Having, Autoimmune Problems, like Lupus. It may worsen the condition.

If, taking blood thinning agents avoid Alfalfa. It may enhance the effect of blood thinners.

Ashwaghandha Herb Uses, Benefits, Cures, Side Effects, Nutrients

Repertory

General Name	Withania Somnifera		
Glycemic Index / Load	Indian Ginseng, Winter Cherry		Do you other
Botanical Name	Withania Somnifera		
Hindi Name	Ashwagandha, Asgandh,		
Homeopathic Name	Withania Somnifera - Mother Tincture		
Ashwaghandha Cures			
Super Effective	Alzheimer	Hypothyroidism	Leg Pain
Most Effective	Anxiety Depression Multiple Scl... Osteoporosis Spermatorrhea	Bone Cancer Fatigue Nymphomania Paralysis Thyroid Prob...	Cancer Libido Loss ... Oligospermia Sciatica
Highly Effective	Anemia Constipation Debility Impotence Libido Loss ... Tumors	Anorexia Convalescence Gray Hair Indigestion Premature Ej...	Conjunctivitis Cough High Blood P... Insomnia Tuberculosis...
Effective	Abdominal Di...	Abscess	ADHD
Action of Ashwaghandha			
Most Effective	Adaptogenic Antistress Memory Enhancer	Antianxiety Anxiolytic Nervine	Antidepressant Immunity Booster Testosterone Booster
Highly Effective	Aphrodisiac	Nootropic	Recuperative
Effective	Abortifacient	Alterant	Alterative
Nutrients in Ashwaghandha			
Most Effective	Withanolides		
Highly Effective	Iron		
Effective	Acetic Acid	Acylated G...	Alanine
Ashwaghandha Combines With	Acacia Nilotica	Anacyclus Pyrethrum	Arjuna
Taste of Ashwaghandha	Bitter, Astringent, Sweet,		
Nature of Ashwaghandha	Hot		
Parts Used	Root, Leaf, Seed		

Black Walnut Herb Uses, Benefits, Cures, Side Effects, Nutrients

Repertory

General Name	Black Walnut
Glycemic Index / Load	Black Walnut
Botanical Name	Juglans Nigra
Chinese Name	Hei Che Tao

Black Walnut Cures

Most Effective	Thyroid Prob...	Warts	
Highly Effective	Cancer	Chelation	
Effective	Abscess	Acne	Appendicitis
	Ascariis	Asthma	Athlete's Foot
	Bronchitis	* Candida Albi...	Candidiasis
	Carbuncle	* Chagas Disease	Constipation
	* Cough	Craw Craw	Craw Craw
	Cuts	Diabetes	* Diarrhea
	* Diarrhea	Eczema	Eczema
	Elephantiasis	Elephantiasis	Entamoeba
	Entamoeba	Fungal Nails	Fungal Nails
	Gangrene	Gangrene	Gingivitis
	Gingivitis	* Gray Hair	Gray Hair
	Heart Attack	Heart Attack	Heart Disease
	Heart Disease	Heavy Menstr...	Heavy Menstr...
	Herpes	Herpes	Herpes Zoster
	Herpes Zoster	* High Blood P...	High Cholest...
	High Cholest...	Hypothyroidism	Hypothyroidism
	Impetigo	Impetigo	Indigestion
	Indigestion	Infections	Infections
	Irritable Bo...	Irritable Bo...	Itching
	* Itching	Leprosy	Leprosy
	Lung Cancer	Lung Cancer	Mycosis
	Mycosis	Nausea	Nausea
	Oral Herpes	Oral Herpes	Pain
	* Pain	Piles	Psoriasis
	Psoriasis	Respiratory ...	Respiratory ...
	Rheumatism	Rheumatism	Ringworm
	Ringworm	Scabies	Scabies
	Schistosomiasis	Schistosomiasis	Skin Diseases
	* Skin Diseases	Sore Throat	Sore Throat
	Stomach Ache	Stomach Ache	Stye
	Stye	Syphilis	* Syphilis
	Tapeworms	Tapeworms	Tumors
	Tumors	* Ulcers	Ulcers
	Whitlow	Whitlow	* Wounds
	Wounds		

Action of Black Walnut

Most Effective	Antidiarrheal	Digestive	
Effective	Alterative	Anthelmintic	Antibacterial

Boneset Herb Uses, Benefits, Cures, Side Effects, Nutrients

Repertory

General Name	Boneset
Glycemic Index / Load	Boneset
Botanical Name	Eupatorium Perfoliatum
Homeopathic Name	Eupatorium Perfoliatum - Mother Tincture

Boneset Cures

Super Effective	Coronavirus	Dengue	Osteoporosis
Most Effective	Chikungunya	Flu	
Highly Effective	Cold		
Effective	Achlorhydria Anorexia Bed Wetting Bone Pain Cancer Cholera Diarrhea Fever Genital Herpes Hay Fever Hoarseness Jaundice Lung Cancer Mumps Oral Herpes Pleurisy Rheumatism Stomach Ache Typhoid Water Retention	Allergy Arthritis Blocked Fall... Bronchitis Chicken Pox Constipation Encephalitis Fibromyalgia Gonorrhea Headache Indigestion Kidney Stones Malaria Muscle Cramp Pain Pneumonia Skin Diseases Swine Flu Urinary Prob... Wounds	Anhidrosis Ascaris Blocked Nose Bruises Chills Cough Epilepsy Fracture Gout Hiccups Infections Liver Diseases Measles Muscle Spasm Phlegm Respiratory ... Sore Throat Tumors Urinary Trac... Yellow Fever
	Lymphatic Congestion	Ophthalmia	

Action of Boneset

Most Effective	Immunity Booster		
Highly Effective	Depurative		
Effective	Alterative	Analgesic	Antibacterial

Nutrients in Boneset

Effective	Astragalin	Butanol	Calcium
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Boneset Combines With White Willow

Taste of Boneset Bitter, Pungent

Parts Used Aerial Parts, Flowers, Leaves

Burdock Root Herb Uses, Benefits, Cures, Side Effects, Nutrients

Repertory

[Burdock Oil](#)

General Name	Burdock
Glycemic Index / Load	Burdock
Botanical Name	Arctium Lappa
Hindi Name	Jungali Kuth,
Chinese Name	Niu Bang Zi, Niu Bang
Homeopathic Name	Lappa Arctium - Mother Tincture

Burdock Root Cures

Super Effective	High Choleste...	Water Retention	
Most Effective	Acne Fungal Nails Lung Cancer	Blood Impurity Heavy Metal ... Skin Diseases	Cancer Herpes Tumors
Highly Effective	Blemishes	Breast Cancer	Kidney Disease
Effective	Abscess Adenitis Apthous Ulcers Asthma Belching Blood Disorders Bursitis Cervical Cancer Constipation Cuts Debility Edema Erythema Excessive Sw... Fever Frizzy Hair Gonorrhea Heart Disease High Blood P... Hypoglycemia Infections Joint Effusion Liver Cancer Measles Mumps Obesity Ovarian Cancer Prostate Cancer Rheumatism Rosacea Scrofula Skin Rashes Steatorrhea Stye Throat Disorder Ulcers Uterine Cancer Phosphaturia	Achlorhydria Allergy Arthritis Atherosclerosis Bile Duct Ca... Bruises Candidiasis Chicken Pox Cough Cyst Diabetes Endometriosis Escherichia ... Facial Neura... Flu Gallbladder ... Gout Hepatitis HIV AIDS Impotence Infertility Keshan Disease Liver Diseases Morning Sick... Muscle Sprains Oily Skin Pain Prostatitis Rheumatoid A... Scabies Sickle Cell ... Small Pox Stomach Ache Syphilis Thyroid Cancer Urinary Trac... Uterine Prol...	Acid Reflux Anal Cancer Ascites Baldness Blackheads Bunion Carbuncle Colon Cancer Cushing's Sy... Dandruff Eczema Epstein Barr... Estrogen Dom... Fatigue Food Allergy Gilbert's Sy... Haemoptysis Hepatitis A Hydrocephalus Indigestion Jaundice Leprosy Low Back Pain Multiple Scl... Mycosis Osteoarthritis Premenstrual... Psoriasis Ringworm Sciatica Skin Cancer Sore Throat Stomach Prob... Thalassemia Tonsillitis Urticaria Wounds
Action of Burdock Root			
Most Effective	Alterative Blood Purifier	Antibacterial Detoxicant	Antifungal Diuretic

Cat's Claw Herb Uses, Benefits, Cures, Side Effects, Nutrients

Repertory

General Name	Cat's Claw	
Glycemic Index / Load	Cat's Claw	Do you know this hert name ? Click Here.
Botanical Name	Uncaria Tomentosa	
Homeopathic Name	Uncaria Tomentosa - Mother Tincture	

Cat's Claw Cures

Most Effective	Bronchitis Stomach Ache Water Retention	Laryngitis Tick Bite	Sore Throat Tumors
Highly Effective	Arthritis Cancer Heavy Metal ... Mononucleosis	Asthma Chlamydia High Blood P... Stomach Prob...	Autoimmune D... Digestive Di... Indigestion Wounds
Effective	Abscess Rheumatic fever	Acne Viral Infection	Allergy

Action of Cat's Claw

Most Effective	Diuretic	Immunity Booster	
Highly Effective	Antibiotic Whol... Digestive	Antiinflammatory	Detoxicant
Effective	Alterative Antiarthritic Anticoagulant Antihypertensive Antimutagenic Antirheumatic Antiviral Contraceptive Hypocholesterolemic Memory Enhancer Vulnerary	Analgesic Antibacterial Antidepressant Antileukemic Antioxidant Antitumor or An... Blood Purifier Cytophylactic Hypotensive Tonic	Antiaging Anticancer Antidiabetic Antimicrobial Antiparasitic Antiulcer Cardio Tonic or... Depurative Immunomodulator Vermifuge

Nutrients in Cat's Claw

Effective	Ajmalicine	Akuammigine	Alkaloids
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Cat's Claw Combines With	Turmeric
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Catuaba Herb Uses, Benefits, Cures, Side Effects, Nutrients

Repertory

General Name	Catuaba	
Glycemic Index / Load	Catuaba	Do you know this name ? Click Here
Botanical Name	Erythroxylum Catuaba	
Hindi Name	Catuaba	

Catuaba Cures

Most Effective	Libido Loss ...		
Highly Effective	Impotence		
Effective	Alzheimer Hypochondria Skin Cancer Nerve Disorder	Anxiety Insomnia Skin Diseases	Fatigue Libido Loss ...

Action of Catuaba

Highly Effective	Aphrodisiac	Immunity Booster	
Effective	Analgesic Antiinflammatory Antiviral Vasorelaxant	Antibacterial Antioxidant Brain Enhancer	Antibiotic Whol... Antiseptic Tonic

Nutrients in Catuaba

Effective	Alkaloids Catuabine C Tannins	Catuabine A Essential Oil	Catuabine B Phytosterol
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Taste of Catuaba Bitter, Pungent

Parts Used Bark, Roots

Side Effects, Risk Factors of, and Cautions for Catuaba

Avoid use during pregnancy and breast feeding.

Cayenne Herb Uses, Benefits, Cures, Side Effects, Nutrients

Repertory

General Name	Cayenne
Glycemic Index / Load	Cayenne
Botanical Name	Capisicum Annum
Hindi Name	Lal Mirch
Homeopathic Name	Capsicum. - Mother Tincture

Cayenne Cures

Most Effective	Blood Thick Joint Pain	Delirium Poor Blood C...	Gangrene
Highly Effective	Cellulite Spondylitis	Deep Vein Th...	Gout
Effective	Acid Reflux Aging Joints Alzheimer Apoplexy Asthma Baldness Bleeding Ext... Blood Clots Bunion Caries Cataract Chilblain Colic Cuts Diabetes Digestive Di... Dyspnea Emphysema Fatigue Flu Gastrointest... Hallucinations Heart Attack Herpes Zoster Hoarseness Indigestion Insect Bites Ischemia Libido Loss ... Low Back Pain Macular Dege... Muscle Spasm Myeloma Neuralgia Otorrhea Peptic Ulcer Pleurisy Prostate Cancer Rabies Scorpion Sting Slip Disc Spinal Cord ... Stomatitis Throat Disorder Tumors	Acne Alcoholism Anorexia Arthritis Atherosclerosis Bell's Palsy Blepharitis Blurred Vision Bursitis Carpal Tunne... Cervical Spo... Chills Cough Cyst Diarrhea Diphtheria Ear Infection Entamoeba Fever Fracture Glaucoma Hangover Heart Disease High Cholest... Hypoxia Infections Internal Ble... Leigh's Disease Liver Diseases Lung Cancer Meniere's Di... Muscle Sprains Myocarditis Obesity Pain Pericarditis Pneumonitis Psoriasis Rheumatism Sinusitis Snake Bite Spleen Diseases Strep Throat Tonsillitis Ulcers	Aging Allergy Aphthous Ulcers Ascaris Balanitis Bitot's Spots Blood Cancer Bruises Cancer Cat Allergy Chest Pain Cholera Craw Craw Depression Difficult Me... Dry Mouth Earache Eye Diseases Flatulence Gastric Catarrh Haemophilia Headache Herpes High Triglyc... Impotence Infertility Internal Injury Libido Loss ... Loss of Smell Lung Diseases Migraine Muscular Pain Nausea Osteoarthritis Pancreatic C... Plague Polycythemia... Pulmonary Em... Rheumatoid A... Skin Diseases Sore Throat Stomach Ache Swine Flu Toothache Urinary Trac...

	Tumors Wounds	Ulcers	Urinary Trac...
	Hypoxmia		
Action of Cayenne			
Most Effective	Cardio Tonic or...		
Highly Effective	Heating	Tonic	
Effective	Alterative Antibiotic Whol... Antiinflammatory Antiseptic Aphrodisiac Blood Thinner Circulatory Diaphoretic Febrifuge Memory Enhancer Sialagogue Thermogenic	Analgesic Anticancer Antioxidant Antithrombotic Appetizer Carminative Decongestant Digestive Hypolipidemic Nervine Stimulant	Antibacterial Anticatarrhal Antiphlogistic Antiviral Blood Purifier Cholagogue Detoxicant Diuretic Immunity Booster Rubefacient Styptic
Nutrients in Cayenne			
Highly Effective	Capsaicin	Vitamin C	
Effective	Alpha Carotene Carotenoids Folate Palmitic Acid Sabinene Vitamin A ... Volatile Oil	Beta Carotene Choline Lutein Potassium Stearic Acid Vitamin E	Calcium Flavonoids Magnesium Protein Steroidal ... Vitamin K
Cayenne Combines With	Almond Black Mustard Brown Mustard Clove Fennel Hawthorn Lobelia Rock Salt Swamp Pea Yarrow	Asafoetida Black Pepper Camphor Common Milk Hedge Garlic Jaggery Oregano Rosemary Turmeric	Basil Brinjal Cinnamon Cumin Ginger Lemon Potato Sage Watercress
Taste of Cayenne	Pungent,		
Nature of Cayenne	Hot		
Parts Used	Fruit		
Side Effects, Risk Factors of, and Cautions for Cayenne			
To be avoided during Pregnancy and Nursing.			
Patients of Gastritis, Ulcers should consult a doctor before use.			
Excess use may cause stomach discomfort or Hypothermia.			

Chamomile Herb Uses, Benefits, Cures, Side Effects, Nutrients

	Repertory	Chamomile Essential Oil	
General Name	Chamomile		
Glycemic Index / Load	Chamomile		
Botanical Name	Matricaria Chamomilla, Matricaria Recutita		
Hindi Name	Babunah , Babuni ke Phul		
Homeopathic Name	Chamomilla Vulgaris - Mother Tincture		
Chamomile Cures			
Most Effective	Colic	Rosacea	Teething Pro...
Highly Effective	ADHD	Bloating	Bunion
	Difficult Me...	Dry Eye Synd...	Flatulence
	Hay Fever	Heavy Menstr...	Insomnia
	Liver Diseases	Multiple Scl...	Peptic Ulcer
	Schizophrenia	Stomach Ache	
Effective	Abdominal Di...	Achlorhydria	Acid Reflux
	Acne	Acrophobia	Aerophobia
	Age Spots	Aging	Agoraphobia
	Alcoholism	Allergy	Alzheimer
	Anal Fissure	Anorexia	Anxiety
	Aphonia	Aphthous Ulcers	Arthritis
	Ascaris	Asthma	Astigmatism
	Athlete's Foot	Baldness	Belching
	Blackheads	Blepharitis	Blisters
	Blocked Fall...	Blurred Vision	Bone Pain
	Bronchitis	Bruises	Burn Marks
	Burns	Callus	Cancer
	Candida Albi...	Candidiasis	Carpal Tunne...
	Celiac Disease	Cervicitis	Chills
	Cold	Colitis	Conjunctivitis
	Constipation	Convulsions	Cough
	Cramps	Crohn's Disease	Croup
	Dark Circles...	Deafness	Debility
	Depression	Diabetes	Diaper Rash
	Diarrhea	Digestive Di...	Diverticular...
	Diverticulitis	Dog Allergy	Dry Lips
	Dry Mouth	Dry Skin	Earache
	Early Satiety	Eclampsia	Eczema
	Edema	Epigastric H...	Epilepsy
	Erysipelas	Escherichia ...	Excessive Sw...
	Eye Diseases	Facial Neura...	Fatigue
	Femoral Hernia	Fever	Food Allergy
	Food Poisoning	Frostbite	Gallstones
	Gastric Catarrh	Gastroenteritis	Gastrointest...
	Gingivitis	Glossitis	Gout
	Gray Hair	Gum Diseases	Headache
	Hernia	Hiatal Hernia	High Creatinine
	Hoarseness	Hypermetropia	Hysteria
	IgA Nephropathy	Indigestion	Infections
	Inflammatory...	Insect Bites	Intestinal D...
	Irritable Bo...	Itching	Jaundice
	Jet Lag	Kidney Stones	Labour Pains
	Leaky Gut Sy...	Low Back Pain	Lung Cancer
	Lupus	Malaria	Mastitis
	Menstrual Di...	Migraine	Milk Allergy
	Morning Sick...	Motion Sickness	Mumps
	Muscle Cramp	Muscle Spasm	Muscle Sprains
	Muscular Pain	Myopia	Nausea

Chaparral Herb Uses, Benefits, Cures, Side Effects, Nutrients

Repertory

Parasiticide comparable to Thyme or Garlic

General Name	Chaparral
Glycemic Index / Load	Chaparral
Botanical Name	Larrea Tridentata
Homeopathic Name	Paloondo - Mother Tincture

Chaparral Cures

Most Effective

Effective

- | | | | |
|--|--------------------------------|---|---|
| <ul style="list-style-type: none"> * Cancer Acne Arthritis Bad Breath * Blood Cancer Bronchitis Bursitis Caries Chicken Pox Colon Cancer Cuts Dental Absce... Digestive Di... Flu * Genital Herpes High Cholest... Insect Bites * Liver Cancer Migraine Ovarian Cancer Pneumonia Rheumatism Sciatica Skin Diseases Sore Muscles Strep Throat * Tumors * Uterine Cancer Wounds | <p><i>one and the same</i></p> | <ul style="list-style-type: none"> Indigestion Allergy Ascaris Blemishes * Breast Cancer Bruises * Candida Albi... Carpal Tunne... Cirrhosis Constipation Cyst Diarrhea Eczema * Fungal Nails Hepatitis Hodgkin's Di... Kidney Stones Lung Diseases Neuralgia Pain Psoriasis * Ringworm Sexually Tra... Skin Rashes Spider Bite * Tapeworms Unintentiona... Uterine Prol... | <ul style="list-style-type: none"> Lung Cancer Anal Cancer Athlete's Foot Blisters Breast Milk ... Burns * Candidiasis Cervical Cancer Cold Cough Dandruff Difficult Me... Epstein Barr... Gallstones Herpes Huntington's... Leucorrhoea Menses Scanty Osteoporosis Piles Respiratory ... Scabies Sinusitis * Snake Bite Stomach Cancer Tuberculosis... Urinary Trac... Warts |
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Chlorella Herb Uses, Benefits, Cures, Side Effects, Nutrients

Repertory

General Name	Chlorella
Glycemic Index / Load	Chlorella
Botanical Name	Chlorella Pyrenoidosa

Chlorella Cures

Super Effective	Heavy Metal Poi...		
Most Effective	Anemia	Obesity	
Highly Effective	Acid Reflux Flu	Alzheimer Mononucleosis	Cancer Tumors
Effective	Anxiety Blood Impurity Bruises Cold Dental Diseases Digestive Di... Fibromyalgia Heart Disease Laryngitis Meningitis Prostate Enl... Stress Wounds	Arthritis Blurred Vision Burns Colitis Depression Emphysema Gastric Catarrh High Cholest... Liver Diseases Menopause Skin Diseases Ulcerative C...	Bad Breath Body Odour Candidiasis Constipation Diabetes Fatigue Gingivitis Hormonal Imb... Lung Cancer Osteoarthritis Sore Throat Ulcers

Action of Chlorella

Most Effective	Antiaging	Blood Tonic	Detoxicant
Effective	Antacid Antiarthritic Antidiabetic Antitumor or An... Brain Enhancer Immunity Booster	Antianemic Antibacterial Antioxidant Antiviral Chelation Liver Tonic	Anti-anxiety Anticancer Antiparasitic Blood Purifier Constipative Nutritive

Nutrients in Chlorella

Effective	Alpha Lino... Biotin Chlorophyll Folic Acid Magnesium Phosphorus Provitamin A Vitamin B ... Vitamin B1... Vitamin K	Amino Acids Calcium Fatty Acids Inositol Minerals Potassium Sulphur Vitamin B ... Vitamin C Zinc	Beta Carotene Carbohydrate Fiber Iron Omega 3 Fa... Protein Vitamin B 12 Vitamin B 6 Vitamin E
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Chlorella Combines With	Aloe Vera Goji Berry Spirulina	Barley Maca Turmeric	Ginseng Korean Marijuana
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Cilantro Herb Uses, Benefits, Cures, Side Effects, Nutrients

Repertory

[Coriander Essential Oil](#)

[Send Link](#)

General Name	Coriander
Glycemic Index / Load	Coriander
Botanical Name	Coriandrum Sativum, Carrot Family
Hindi Name	Dhaniya, Hara Dhaniya
Chinese Name	Hu Sui, Yuan Sui,
Homeopathic Name	Coriandrum Sativum - Mother Tincture

Do you know this herb by any other name ? [Click Here.](#)

Cilantro Cures

Super Effective	Heavy Metal Poi...		
Most Effective	Flatulence Mercury Pois...	High Cholest...	Indigestion
Highly Effective	Acid Reflux Cold Gallbladder ... Hepatitis Kidney Disease Prickly Heat	Asthma Conjunctivitis Gout High Creatinine Morning Sick...	Atherosclerosis Enteritis Heavy Menstr... Intestinal D... Nymphomania
Effective	Abscess	Acne	Allergy

[Less](#)

[More](#)

Action of Cilantro

Highly Effective	Anaphrodisiac Cooling Diuretic	Antioxidant Depurative	Antipyretic Digestive
Effective	Alkaline	Analgesic	Anthelmintic

[More](#)

Nutrients in Cilantro

Most Effective	Magnesium	Potassium	
Effective	Alpha Carotene	Alpha Pinene	Ash
Cilantro Combines With	Adhatoda Vasica	Asafoetida	Bacopa Monnier

[More](#)

[More](#)

Taste of Cilantro

Sweet, Acrid, Astringent , Pungent,

Nature of Cilantro

Warm

Parts Used

Leaves, Seeds, Roots, Fruit, Whole Plant,

Side Effects, Risk Factors of, and Cautions for Cilantro

Avoid use during Pregnancy, Breast Feeding, Excess intake may cause Infertility and Loss of Libido.

Coriander possess metal binding property. It can be a problem instead of benefit. The soil and environment in which it is grown may contain heavy metals. And due to its metal binding property it will attract those metals.

This means that our body is ingesting a heavy metal chelator that already has heavy metals. The solution is to grow it in soil that does not contain heavy metals.

Cinnamon Herb Uses, Benefits, Cures, Side Effects, Nutrients

	Repertory		Cinnamon Essential Oil
General Name	Cinnamon		
Glycemic Index / Load	GI 5. GL 2.9		Do y othei
Botanical Name	Cinnamomum Cassia, Cinnamomum Aromaticum, Cinnamon Zeylanicum		
Hindi Name	Dalchini		
Chinese Name	Gui Zhi, Rou Gui		
Homeopathic Name	Cinnamomum Ceylanicum - Mother Tincture		
Cinnamon Cures			
Super Effective	Gout	Hiccups	
Most Effective	Difficult Me... Joint Pain Postpartum Bleeding	High Blood P... Mosquito Bite	Itching Polycystic O...
Highly Effective	Acne Asthma Breast Milk ... Depression Hemoglobin High Paralysis Taste Disorder	Aging Bad Breath Cold Gonorrhea Nausea Sore Throat Vomiting	Alzheimer Blood Thick Croup Heavy Menstr... Pain Stomach Ache
Effective	Acid Reflux Adenomvosis	Amblyopia Swollen Feet an...	Amnesia
Action of Cinnamon			
Most Effective	Antiaging	Blood Thinner	Stomachic
Highly Effective	Antibiotic Whol... Diuretic	Antioxidant Laxative	Cooling
Effective	Alkaline	Analgesic	Anorectic
Nutrients in Cinnamon			
Highly Effective	Testosterone		
Effective	Aldehydes	Alpha Carotene	Benzoic Acid
Cinnamon Combines With	Acanthus Ebracteatus	Aconitum Carmic...	Aconitum Kusnezoffii
Cinnamon Antidotes	Halloysite		

Clove Herb Uses, Benefits, Cures, Side Effects, Nutrients

Repertory

[Clove Essential Oil](#)

[Send Link](#)

General Name	Clove	
Glycemic Index / Load	Clove	Do you know this herb by any other name ? Click Here.
Botanical Name	Syzygium Aromaticum, Myrtaceae Family	
Hindi Name	Laung	
Chinese Name	Ding Xiang	
Homeopathic Name	Syzygium Aromaticum - Mother Tincture	

Clove Cures

Super Effective	Toothache			
Most Effective	Aphthous Ulcers Dental Diseases Premature Ej...	Bad Breath Malaria Sore Throat	Cancer Nausea Tumors	- Less
Highly Effective	Asthma Deafness Giardiasis Pain Throat Irrit...	Bronchitis Emphysema Indigestion Saliva Excess	Cholera Flu Orchitis Stye	- Less
Effective	Acid Reflux	Acne	Altitude Sic...	+ More

Action of Clove

Most Effective	Antioxidant			
Highly Effective	Antibiotic Whol...	Antiviral	Expectorant	
Effective	Alterative	Analgesic	Anesthetic	+ More

Nutrients in Clove

Effective	Benzaldehyde	Benzoic Acid	Beta Carotene	+ More
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Clove Combines With

Achiote	Alangium Salvifolium	Almond Oil
Alpinia Oxyphylla	Apple	Aquilaria Sinensis
Broussonetia Pa...	Brown Mustard	Burdock
Cajuput	Cardamom	Carom
Carum Roxburghianum	Cayenne	Celastrus Panic...
Chaenomeles Speciosa	Cinnamon	Coconut Oil
Cod Liver Oil	Common Salt	Cumin
Datura Stramonium	Emetic Nut Tree	Eucalyptus
Fennel	Galangal	Garlic
Ginger	Himalayan Oak's...	Lemon

Colloidal Silver Herb Uses, Benefits, Cures, Side Effects, Nutrients

Repertory

General Name	Colloidal Silver
Glycemic Index / Load	Colloidal Silver
Botanical Name	Colloidal Silver

Colloidal Silver Cures

Super Effective	Bacterial Infec...		
Effective	Arthritis	Blood Cancer	Bronchitis
	Burns	Cancer	Chagas Disease
	Cuts	Digestive Di...	Diverticulitis
	Ear Infection	Eczema	Emphysema
	HIV AIDS	Listeria	Lung Cancer
	Malaria	Peptic Ulcer	Pneumonia
	Pseudomonas ...	Scarlet Fever	Syphilis
	Throat Disorder	Tick Bite	Tuberculosis...

Action of Colloidal Silver

Highly Effective	Antibiotic Local		
Effective	Antibacterial	Antiparasitic	Antiseptic
	Disinfectant		

Nutrients in Colloidal Silver

Effective	Silver
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Side Effects, Risk Factors of, and Cautions for Colloidal Silver

It may cause Argyrosis.

Sponsored Links

Description

Colloidal Silver is a colloid of silver.

It is prepared by suspension of silver in a liquid.

It is best used for Bacterial Infection (External Use).

Grown In	Globally
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Common Names	Colloidal ...	Plata coloidal
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Sponsored Links

Materia Medica : How to use Colloidal Silver - Uses and Benefits

Single Herb

Colloidal Silver for [Bacterial Infection](#)

Colloidal Silver is a natural Antibacterial which prevents the infections.

Apply directly on the infected skin. Cover the skin with a cotton bandage. Keep it covered for 20 minutes. Repeat the process two times a day.

Colloidal Silver for [Chagas Disease](#)

Apply directly over the affected area and secure it with a bandage. Leave it for 20 minutes. Repeat the process twice daily.

Damiana Herb Uses, Benefits, Cures, Side Effects, Nutrients

Repertory

General Name	Damiana		
Glycemic Index / Load	Damiana		
Botanical Name	Turnera Diffusa, Turneraceae family		
Homeopathic Name	Damiana Aphrodisiaca - Mother Tincture		
Damiana Cures			
Super Effective	Premature Ejacu...		
Most Effective	Hormonal Imb... Migraine	Impotence Penis Shrinkage	Libido Loss ... Urinary Inco...
Highly Effective	Depression Libido Loss ... Spinal Cord ...	Drowsiness Poor Blood C... Ulcers	Fatigue Rabies
Effective	Alcoholism Women Diseases	Alzheimer	Anorexia
Action of Damiana			
Most Effective	Aphrodisiac	Trophorestorative	
Highly Effective	Antidepressant		
Effective	Adaptogenic	Alterant	Alterative
Nutrients in Damiana			
Effective	Alkaloids	Alpha Pinene	Arbutin
Damiana Combines With	Celery Maca Yerba Mate	Kola Nut Passion Flower * Yohimbe	Land Caltrops * Saw Palmetto
Taste of Damiana	Bitter, Pungent		
Parts Used	Aerial Parts, Leaves, Seed, Flower		

Side Effects, Risk Factors of, and Cautions for Damiana

Excess may cause Convulsions.

Avoid its use in pregnancy as it may cause abortion.

Diabetic and Hypoglycemic patients should consult their doctor first before using this herb.

Muira Puama Herb Uses, Benefits, Cures, Side Effects, Nutrients

Repertory

General Name Muira Puama
Glycemic Index / Load Potency Wood
Botanical Name Ptychopetalum Olacoides

Muira Puama Cures

Most Effective	Libido Loss ...		
Highly Effective	Impotence		
Effective	Anorexia	Ascaris	Baldness
	Beriberi	Debility	Depression
	Difficult Me...	Fatigue	Flu
	Gastrointest...	Heart Disease	Heart Disease
	Hormonal Imb...	Indigestion	Infertility
	Low Blood Pr...	Menopause	Menstrual Di...
	Nerve Pain	Nervous Diso...	Neuralgia
	Pain	Paralysis	Sexual Debility
	Stress		

Action of Muira Puama

Highly Effective	Aphrodisiac		
Effective	Adaptogenic	Analgesic	Antidepressant
	Antihypertensive	Antioxidant	Antirheumatic
	Antiulcer	Astringent	Brain Enhancer
	Cardio Tonic or...	Carminative	Circulatory
	Detoxicant	Digestive	Hypocholesterolemic
	Laxative	Memory Enhancer	Nervine
	Neuroleptic	Neuroprotective	Nootropic
	Stimulant	Tonic	

Nutrients in Muira Puama

Effective	Beta Sitosterol	Campesterol	Camphor
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Muira Puama Combines With Yohimbe

Taste of Muira Puama Acrid, Salty

Parts Used Roots, Bark

Dandelion Herb Uses, Benefits, Cures, Side Effects, Nutrients

Repertory

General Name	Dandelion
Glycemic Index / Load	Dandelion
Botanical Name	Taraxacum Officinale, Compositae family
Hindi Name	Dudal, Kanphul, Kukraundha
Homeopathic Name	Taraxacum Officinale - Mother Tincture

Dandelion Cures

Super Effective	Hepatitis	Liver Diseases	
Most Effective	Anemia Breast Pain Glossitis Irritable Bo... Piles Uterine Fibr...	Arthritis Diabetes Ins... Hepatomegaly Jaundice Polyuria Water Retention	Bloating Gallstones Herpes Mononucleosis Preeclampsia
Highly Effective	Acne Emphysema Hepatitis B Melasma	Breasts Small Fibrocystic ... Hepatopathy Osteoporosis	Constipation Gilbert's Sy... Kidney Stones Urinary Prob...
Effective	Abscess Loin Pain	Achlorhydria Polyps	Age Spots Swollen Feet an..
Action of Dandelion			
Most Effective	Alterative Liver Tonic	Blood Tonic Trophorestorative	Diuretic
Highly Effective	Choleretic	Depurative	Digestive
Effective	Alkaline	Alterant	Anorectic
Nutrients in Dandelion			
Highly Effective	Beta Carotene		
Effective	Beta Sitosterol	Boron	Caffeic Acid
Dandelion Combines With	Achyranthes Bid...	Adina Cordifolia	Aloe Vera
Taste of Dandelion	Bitter		

Garlic Herb Uses, Benefits, Cures, Side Effects, Nutrients

Repertory

General Name	Garlic	
Glycemic Index / Load	Garlic	Do 1 othe
Botanical Name	Allium Sativum, Allium Controversum, Liliaceae family	
Hindi Name	Lehsun, Lahsun, Lahsoon	
Chinese Name	Da Suan	
Homeopathic Name	Allium Sativum - Mother Tincture	

Garlic Cures

Super Effective	Asthma Hearing Loss Itching Poor Blood Circ... Stomach Cancer	Bacterial Infec... High Blood Pres... Lung Cancer Prostate Cancer Whooping Cough	Breast Cancer Insect Bites Pancreatic Canc... Snake Bite
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Most Effective	Angina Brain Stroke Chest Pain Ear Infection Heart Attack Keloids Otorrhea Sciatica Tumors	Arthritis Cancer Cold Fever Heart Disease Kidney Cancer Peripheral V... Sexual Debility Tympanitis	Blood Thick Candidiasis Ear Diseases Flu Heavy Metal ... Laryngitis Rabies Sore Throat Urinary Trac...
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Highly Effective	Amebiasis Polycythemia	Anal Cancer	Anthrax
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Effective	Abdominal Ma... Pectoral Diseases	Abscess Urinary Tract Sinusitis	Acidosis Viral Infection
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Action of Garlic

Most Effective	Alkaline Antibiotic Whol... Blood Thinner Testosterone Booster	Antibacterial Anticancer Disinfectant	Antibiotic Local Antitumor or An... Parasiticide
Highly Effective	Antihypertensive Cardio Tonic or... Digestive Liver Tonic	Antiviral Circulatory Hypotensive Tonic	Aphrodisiac Detoxicant Immunity Booster
Effective	Adaptogenic	Allergic	Alterant

Nutrients in Garlic

Most Effective	Allicin	Glutathione
Highly Effective	Prebiotic	

Ginkgo Herb Uses, Benefits, Cures, Side Effects, Nutrients

Repertory

General Name	Ginkgo	
Glycemic Index / Load	Ginkgo	Do you know this name ? Click Here
Botanical Name	Ginkgo Biloba, Ginkgoaceae family	
Hindi Name	Balkuwari	
Chinese Name	Bai Guo	
Homeopathic Name	Ginkgo Biloba - Mother Tincture	

Ginkgo Cures

Super Effective	Atherosclerosis	Dizziness	Tinnitus
Most Effective	Alzheimer Dementia Libido Loss ... Premenstrual...	Cold Extremi... Glaucoma Peripheral V... Weak Eyesight	Confusion Hypothermia Poor Blood C...
Highly Effective	Asthma Erectile Dys... Hearing Loss Otorrhea Narcolepsy	Blood Thick Hay Fever Leucoderma Schizophrenia	Deep Vein Th... Headache Lung Diseases Sexual Debility
Effective	Acne Hypoxmia	Addison's Di... Neurosis	ADHD Swollen Feet an.

Action of Ginkgo

Most Effective	Allergic	Memory Enhancer	
Highly Effective	Antioxidant Cardio Tonic or... Nootropic	Antiviral Circulatory Vasodilative	Brain Enhancer Nervine
Effective	Adaptogenic	Alterant	Alterative

Nutrients in Ginkgo

Highly Effective	Potassium		
Effective	Amentoflavone	Amino Acids	Apigenin

Ginkgo Combines With

	Aloe Vera	American Ginseng	Bilberry
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Taste of Ginkgo Sour, Sweet, Bitter,Astringent

Golden Rod Herb Uses, Benefits, Cures, Side Effects, Nutrients

Repertory

General Name	Golden Rod
Glycemic Index / Load	European Goldenrod
Botanical Name	Solidago Virgaurea
Hindi Name	Pinja Phool
Chinese Name	I Chi Huang Hua, Yi Zhi Huang Hua,
Homeopathic Name	Solidago Virgaurea - Mother Tincture

Di
ot

Golden Rod Cures

Most Effective	Anuria High Blood P... Tuberculosis...	Dysuria Kidney Disease	Haematuria Proteinuria
Highly Effective	Grief Stress	Heavy Metal ...	Inflammation
Effective	Allergy Breast Engor... Cold Deafness Eye Diseases Gangrene Hepatomegaly Internal Ble... Kidney Stones Liver Diseases Pain Pyelonephritis Sore Throat Urine Retention Yellow Fever	Arthritis Candidiasis Convulsions Diabetes Flu Gout Herpes Zoster Itching Leucorrhoea Muscle Spasm Piles Sciatica Thyroid Cancer Varicose Veins	Brain Injury Carbuncle Croup Eczema Gallstones Heart Disease Insect Bites Jaundice Libido Loss ... Nephritis Prostate Enl... Scrofula Urinary Trac... Whooping Cough
	Ophthalmia	Phosphaturia	

Action of Golden Rod

Most Effective	Diuretic		
Highly Effective	Antibacterial	Antiinflammatory	
Effective	Antiallergic	Antiarthritic	Anticancer

Nutrients in Golden Rod

Effective	Bioflavonoids	Diterpenes	Essential Oil
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Goldenseal Herb Uses, Benefits, Cures, Side Effects, Nutrients

Repertory

General Name	Goldenseal
Glycemic Index / Load	Goldenseal
Botanical Name	Hydrastis Canadensis
Hindi Name	Pit Kanad
Homeopathic Name	Hydrastis Canadensis - Mother Tincture

Goldenseal Cures

Most Effective	Arrhythmia Food Poisoning Liver Cancer	Bone Infection Goiter Small Pox	Constipation HIV AIDS Tachycardia
Highly Effective	Cough Prostate Enl...	Gingivitis Sinusitis	Herpes
Effective	Abdominal Ma... Alcoholism Apthous Ulcers Athlete's Foot Blood Impurity Brain Tumor Cancer Carbuncle Celiac Disease Chalazion Chlamydia Computer Vis... Coryza Dengue Digestive Di... Dry Skin Eczema Entamoeba Escherichia ... Flatulence Gastroenteritis Glaucoma Hay Fever Hematoma High Cholest... Infections Itching	Achlorhydria Allergy Ascaris Blepharitis Blurred Vision Breast Cancer Candida Albi... Carcinoma Cellulitis Chest Conges... Cold Conjunctivitis Cuts Diabetes Diverticular... Dysentery Edema Epstein Barr... Eye Diseases Flu Genital Herpes Gonorrhea Heart Disease Hepatitis Hodgkin's Di... Intestinal D... Jaundice	Acne Anorexia Asthma Blocked Fall... Botulism Bronchitis Candidiasis Cataract Cervical Cancer Chicken Pox Colitis Corns Cystic Fibrosis Diarrhea Dry Lips Earache Endometriosis... Erythema Fistula Gastric Catarrh Giardiasis Gum Diseases Heavy Menstr... High Blood P... Indigestion Irritable Bo... Laryngitis

	Itching	Jaundice	Laryngitis	
	Leucorrhoea	Listeria	Liver Diseases	
	Low Back Pain	Lung Cancer	Lupus	
	Malaria	Measles	Menstrual Di...	
	Metrorrhagia	Myeloma	Nipple Disch...	
	Oral Herpes	Oral Thrush	Peptic Ulcer	
	Pericarditis	Phlegm	Piles	
	Pneumonia	Post Nasal Drip	Premenstrual...	
	Prostatitis	Psoriasis	Respiratory ...	
	Ringworm	Salmonella	Sciatica	
	Skin Cancer	Sore Throat	Spleen Diseases	
	Stomach Prob...	Swine Flu	Syphilis	
	Tinnitus	Typhus	Urinary Trac...	
	Uterine Blee...	Uterine Fibr...	Vaginismus	
	Whooping Cough			
	Seborrhea	Viral Infection		- Less
Action of Goldenseal				
Most Effective	Antibacterial	Immunity Booster	Oxytocic	
Highly Effective	Antiatherogenic	Antimicrobial	Antioxidant	
	Cardio Tonic or...	Diuretic	Stomachic	
Effective	Adaptogenic	Alterant	Alterative	+ More
Nutrients in Goldenseal				
Most Effective	Berberine			
Effective	Berberastine	Beta Carotene	Calcium	+ More
Goldenseal Combines With	Balsam Fir	Chamomile	Chaste Berry	+ More
Taste of Goldenseal	Bitter			
Nature of Goldenseal	Cold			
Parts Used	Roots, Rhizomes			

Side Effects, Risk Factors of, and Cautions for Goldenseal

It is always recommended to take any herb in a suggested dose or in small packages. Please must see the side effects of high doses.

High doses of Goldenseal may result in some allergic reactions. You may feel shortness of Breath and Throat problems. Please stop the consumption if you have Hives, Irritation on Skin, Swelling on Mouth and Throat. It may cause Inflammation in the mucous membranes and Vagina too.

If anyone takes high doses of Goldenseal on empty stomach, he or she may feel Nausea, Vomiting and Gastrointestinal problems.

Caution

Avoid usage, if allergic to Ragweed.

Hawthorn Berry Herb Uses, Benefits, Cures, Side Effects, Nutrients

Repertory

General Name	Hawthorn	
Glycemic Index / Load	Hawthorn	
Botanical Name	Crataegus Oxyacantha, Crataegus Monogyna, Rosaceae family	D 0
Hindi Name	Vansangali	
Homeopathic Name	Crataegus Oxyacantha - Mother Tincture	

Hawthorn Berry Cures

Super Effective	Heart Disease	Tachycardia	
Most Effective	Arrhythmia Dizziness Hernia Preeclampsia	Atherosclerosis Grief High Blood P... Tinnitus	Bradycardia Heart Attack Poor Blood C...
Highly Effective	Deep Vein Th... Inguinal Hernia	Dyspnea Ventral Hernia	Gout
Effective	Alzheimer Anxiety Blood Cancer Chilblain Deafness Dysentery Fracture Heart Enlarged Indigestion Kidney Stones Menopause Muscular Dys... Sore Throat Syncope Varicose Veins	Anemia Arthritis Brain Stroke Cold Extremi... Debility Eye Diseases Frostbite High Cholest... Insomnia Malaria Multiple Scl... Osteoporosis Spider Veins Tapeworms	Angina Bladder Stones Buerger's Di... Congestive H... Digestive Di... Femoral Hernia Hearing Loss Hyperkalemia Intermittent... Menometrorrh... Muscle Wasting Pericarditis Superficial ... Umbilical He...

Action of Hawthorn Berry

Most Effective	Cardio Tonic or...	Relaxant	Trophorestorative
Highly Effective	Adaptogenic	Diuretic	Immunity Booster
Effective	Adrenal Tonic	Alterant	Alterative

Nutrients in Hawthorn Berry

Effective	Acetylcholine Amine Beta Carotene	Adenine Amino Acids Beta Sitosterol	Adenosine Anthocyanidin Biflavonoid
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Action of Hawthorn Berry

Most Effective	Cardio Tonic or...	Relaxant	Trophorestorative
Highly Effective	Adaptogenic	Diuretic	Immunity Booster
Effective	Adrenal Tonic Antiarrhythmic Antimicrobial Antiseptic Astringent Hypolipidemic Nervine Tissue Enhancer	Alterant Antihypertensive Antioxidant Antispasmodic Circulatory Hypotensive Renal Vasodilator Tonic	Alterative Antiinflammatory Antirheumatic Antiviral Digestive Muscle Relaxant Sedative Vasodilative

Nutrients in Hawthorn Berry

Effective	Acetylcholine Amine Beta Carotene Caffeic Acid Catechin Chromium Essential ... Hyperoside Manganese Phosphorus Potassium * Quercitrin Silicon Ursolic Acid Vitamin B1... * Zinc	Adenine Amino Acids Beta Sitosterol Calcium Chlorogeni... Coumarins Essential Oil Iron Pectin Phytochemicals Proanthocy... Rutin Tannins Vitamin B ... * Vitamin C	Adenosine Anthocyanidin Biflavonoid Carbonic Acid Choline Epicatechin Flavonoids Magnesium Phenolic Acid Polyphenols Purines * Selenium Triterpenoids Vitamin B 3 Vitexin
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Hawthorn Berry Combines With

Black Cherry

Cayenne

Papaya

Taste of Hawthorn Berry

Sweet

Parts Used

Flowers, Leaves, Fruit

Side Effects, Risk Factors of, and Cautions for Hawthorn Berry

It may cause Nausea, Stomach Upset and Headache.

High doses may cause

Arrhythmia

Fatigue

Sweating

Dizziness

Hawthorn Leaf Herb Uses, Benefits, Cures, Side Effects, Nutrients

Repertory

General Name	Hawthorn	
Glycemic Index / Load	Hawthorn	Do y other
Botanical Name	Crataegus Oxyacantha, Crataegus Monogyna, Rosaceae family	
Hindi Name	Vansangali	
Homeopathic Name	Crataegus Oxyacantha - Mother Tincture	

Hawthorn Leaf Cures

Super Effective	Heart Disease	Tachycardia	
Most Effective	Arrhythmia Dizziness Hernia Preeclampsia	Atherosclerosis Grief High Blood P... Tinnitus	Bradycardia Heart Attack Poor Blood C...
Highly Effective	Deep Vein Th... Inguinal Hernia	Dyspnea Ventral Hernia	Gout
Effective	Alzheimer Anxiety Blood Cancer Chilblain Deafness Dysentery Fracture Heart Enlarged Indigestion Kidney Stones Menopause Muscular Dys... Sore Throat Syncope Varicose Veins	Anemia Arthritis Brain Stroke Cold Extremi... Debility Eye Diseases Frostbite High Cholest... Insomnia Malaria Multiple Scl... Osteoporosis Spider Veins Tapeworms	Angina Bladder Stones Buerger's Di... Congestive H... Digestive Di... Femoral Hernia Hearing Loss Hyperkalemia Intermittent... Menometrorrh... Muscle Wasting Pericarditis Superficial ... Umbilical He...

Action of Hawthorn Leaf

Most Effective	Cardio Tonic or...	Relaxant	Trophorestorative
Highly Effective	Adaptogenic	Diuretic	Immunity Booster
Effective	Adrenal Tonic	Alterant	Alterative

Nutrients in Hawthorn Leaf

Effective	Acetylcholine	Adenine	Adenosine
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Hawthorn Flowers Herb Uses, Benefits, Cures, Side Effects, Nutrients

Repertory

General Name	Hawthorn
Glycemic Index / Load	Hawthorn
Botanical Name	Crataegus Oxyacantha, Crataegus Monogyna, Rosaceae family
Hindi Name	Vansangali
Homeopathic Name	Crataegus Oxyacantha - Mother Tincture

Hawthorn Flowers Cures

Super Effective	Heart Disease	Tachycardia	
Most Effective	Arrhythmia Dizziness Hernia Preeclampsia	Atherosclerosis Grief High Blood P... Tinnitus	Bradycardia Heart Attack Poor Blood C...
Highly Effective	Deep Vein Th... Inguinal Hernia	Dyspnea Ventral Hernia	Gout
Effective	Alzheimer	Anemia	Angina

Action of Hawthorn Flowers

Most Effective	Cardio Tonic or...	Relaxant	Trophorestorative
Highly Effective	Adaptogenic	Diuretic	Immunity Booster
Effective	Adrenal Tonic	Alterant	Alterative

Nutrients in Hawthorn Flowers

Effective	Acetylcholine	Adenine	Adenosine
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Hawthorn Flowers Combines With	Black Cherry	Cayenne	Papaya
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Taste of Hawthorn Flowers	Sweet
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Parts Used	Flowers, Leaves, Fruit
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Side Effects, Risk Factors of, and Cautions for Hawthorn Flowers

It may cause Nausea, Stomach Upset and Headache.

High doses may cause

Arrhythmia

Hops Herb Uses, Benefits, Cures, Side Effects, Nutrients

Repertory

General Name	Humulus Lupulus
Glycemic Index / Load	Common Hop
Botanical Name	Humulus Lupulus, Cannabaceae family
Hindi Name	Hop
Homeopathic Name	Lupulus Humulus - Mother Tincture

Hops Cures

Most Effective	Anxiety	Nymphomania	
Highly Effective	Difficult Me... Tuberculosis...	Insomnia	Premature Ej...
Effective	Achlorhydria Arthritis Breast Diseases Dentophobia Dysuria Gonorrhea Heavy Menstr... Infections Liver Diseases Muscle Spasm Obesity Panic Attack Sarcoidosis Urine Retention	ADHD Asthma Cramps Depression Fatigue Headache Hysteria Jaundice Menopause Nervous Diso... Osteoarthritis Post Traumat... Stress	Allergy Bipolar Diso... Delirium Diabetes Gingivitis Heart Disease Indigestion Leprosy Muscle Cramp Neuralgia Pain Restlessness Toothache

Action of Hops

Most Effective	Anaphrodisiac		
Highly Effective	Antidepressant	Relaxant	Sedative
Effective	Alterative	Anodyne	Antacid

Nutrients in Hops

Effective	Alpha Pinene	Alpha Terpineol	Amino Acids
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Hops Combines With	Jamaican Dogwood	Valerian
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Taste of Hops	Bitter
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Horny Goat Weed Herb Uses, Benefits, Cures, Side Effects, Nutrients

Repertory

General Name	Horny Goat Weed
Glycemic Index / Load	Horny Goat Weed
Botanical Name	Epimedium Grandiflorum
Chinese Name	Yin Yang Huo

Horny Goat Weed Cures

Most Effective	Azoospermia Libido Loss ...	Impotence Penis Shrinkage	Libido Loss ... Varicocele
Highly Effective	High Blood P...	Kidney Disease	Watery Semen
Effective	Aging Arthritis Cancer HIV/AIDS Joint Pain Menopause Osteoporosis Sexually Tra...	Alzheimer Breast Cancer Erectile Dys... IgA Nephropathy Low Back Pain Menstrual Di... Premenstrual...	Andropause Bronchitis Gonorrhea Infertility Low Blood Pr... Numbness Reproductive...

Action of Horny Goat Weed

Most Effective	Adaptogenic	Aphrodisiac	Testosterone Booster
Highly Effective	Antiaging	Recuperative	
Effective	Antiasthmatic	Antibacterial	Anticancer

Nutrients in Horny Goat Weed

Most Effective	Testosterone		
Effective	Alkaloids Glycosides Polysaccharides	Amino Acids Icariin Sterols	Flavonoids Magnoflorine

Horny Goat Weed Combines With	Aconitum Carmic...	Chinese Gall	Chufa
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Taste of Horny Goat Weed	Sweet, Acrid,
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Nature of Horny Goat Weed	Warm
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Parts Used	Flower, Leaves
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Jiaogulan Herb Uses, Benefits, Cures, Side Effects, Nutrients

Repertory

General Name Jiaogulan

Glycemic Index / Load Jiaogulan

E
0

Botanical Name Gynostemma Pentaphyllum

Chinese Name Jiao Gu Lan, Jiaogulan, Xiancao, Xianxao, Amachazu

Jiaogulan Cures

Super Effective

Bronchitis

Hypoxia

Most Effective

Aging
Dizziness

Altitude Sic...
Fatigue

Alzheimer

Highly Effective

Anxiety
Depression
Schizophrenia

Atherosclerosis
High Blood P...
Stress

Cough
Obesity

Effective

Acne

Allergy

Angina

Action of Jiaogulan

Most Effective

Adaptogenic

Antioxidant

Highly Effective

Anticancer
Immunity Booster

Blood Tonic
Liver Tonic

Detoxicant

Effective

Antiaging
Antiviral
Cardio Tonic or...

Antiallergic
Aphrodisiac
Hepatoprotective

Antiinflammatory
Calming
Memory Enhancer

Nutrients in Jiaogulan

Most Effective

Gypenosides

Phytochemicals

Highly Effective

Amino Acids

Ginsenosides

Selenium

Effective

Beta Sitosterol

Calcium

Flavones

Jiaogulan
Combines With

Liquorice

Taste of
Jiaogulan

Bitter, Sweet,

Nature of
Jiaogulan

Neutral

Parts Used

Rhizome

Side Effects, Risk Factors of, and Cautions for Jiaogulan